

Cauliflower Rice Tabbouleh Salad

6 Servings: 2 Vegetables | 3 Condiments | 1 Fat

Ingredients

3 cups cauliflower rice
2 cups diced tomato
1 cup chopped cucumber
1 Tbs shallot
1 cup parsley
½ cup mint
¼ cup lemon juice
2 Tbs avocado oil
½ tsp salt
½ tsp pepper

Instructions

Place cauliflower "rice" in a medium bowl. Season well with salt and pepper. Add tomatoes, cucumber, shallot, herbs, lemon juice, and oil. Toss to combine. Taste again and add salt and pepper, if needed. Serve immediately.